

SmartTeam Project: Unlocking Secrets Behind Athlete Performance and Safety

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### Smart Team: Unlocking Secrets Behind Athletic Performance and Safety

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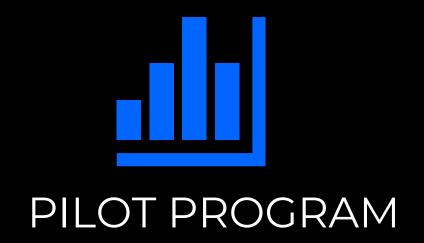




#### OBJECTIVES







#### PURPOSE



The Smart Team Story

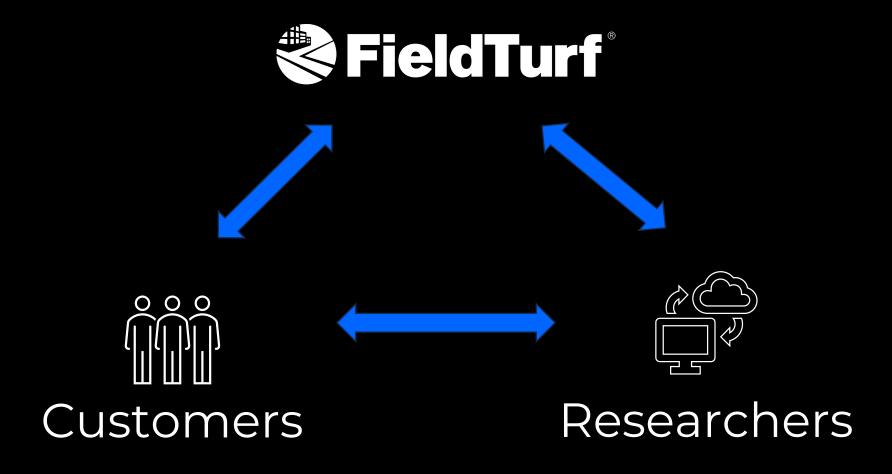
#### **FUNCTION**

(what you do)

#### PURPOSE

(why you do what you do)

#### Jobs to Be Done



#### What Jobs Can Smart Team Help a Coach Perform?

- Support Decision Making → Provide a Competitive Edge
  - Athlete Safety
  - Athlete Optimization
- Promote Athletes
  - College Recruiters
- Develop Athletes



What Jobs Can Smart Team Help a Researcher Perform?

- Make novel discoveries
- Disseminate findings
- Transform discoveries into real-world applications



#### What Jobs Can Smart Team Help FieldTurf Perform?

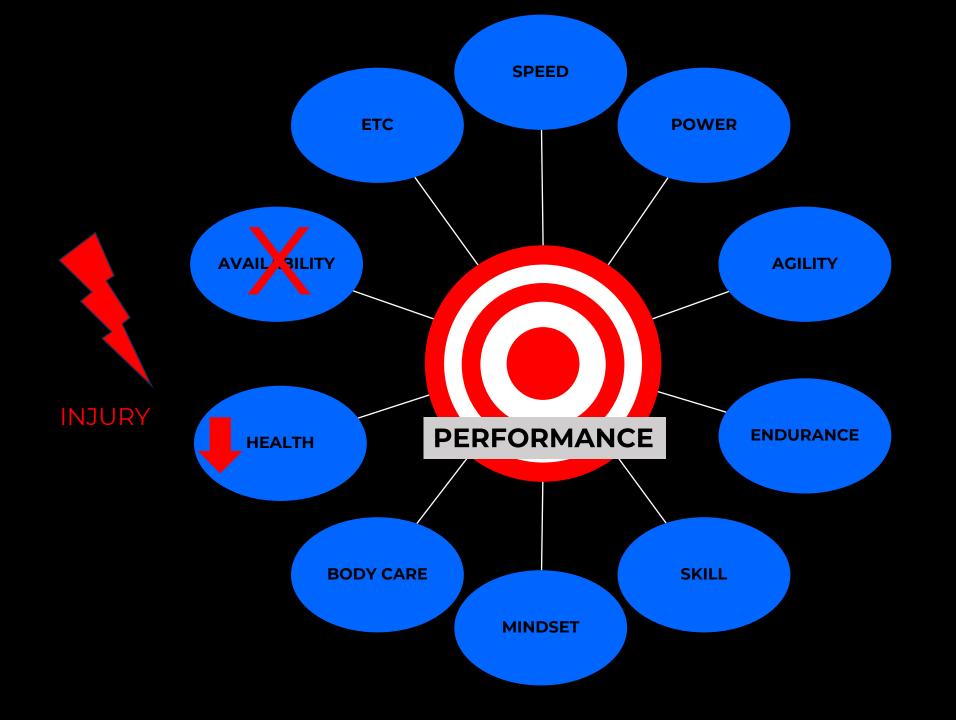
- Make a difference for its customers
- Be an industry leader in innovation / safety
- Achieve business goals



"Winning isn't everything; it's the only thing"

- Henry "Red" Sanders





# What are the Smart Team Deliverables to Get These Jobs Done?

Deliverables	Stakeholder
Real-time Athlete Load Monitoring - Performance	Customer
Real-time Athlete Load Monitoring – Injury Prevention	Customer
Athlete-Turf Interactions (injury risk)	Sponsor
Athlete-Turf Interactions (performance)	Sponsor
Injury Risk Factors (research)	Researcher / Customer
Performance Factors (research)	Researcher / Customer



### PLAN

# DIGITAL ATHLETE





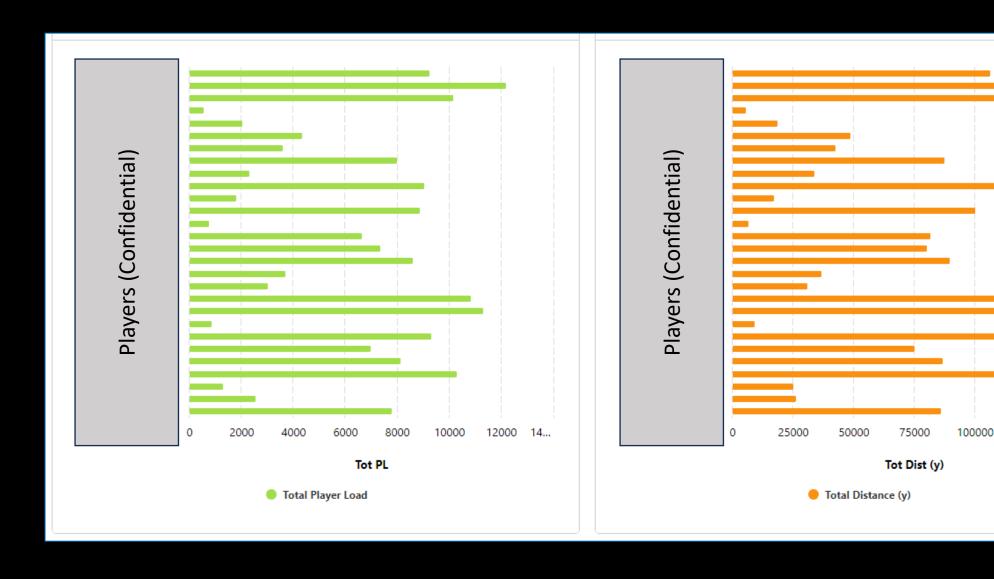




WI-IOOP°

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### Catapult GPS Parameters



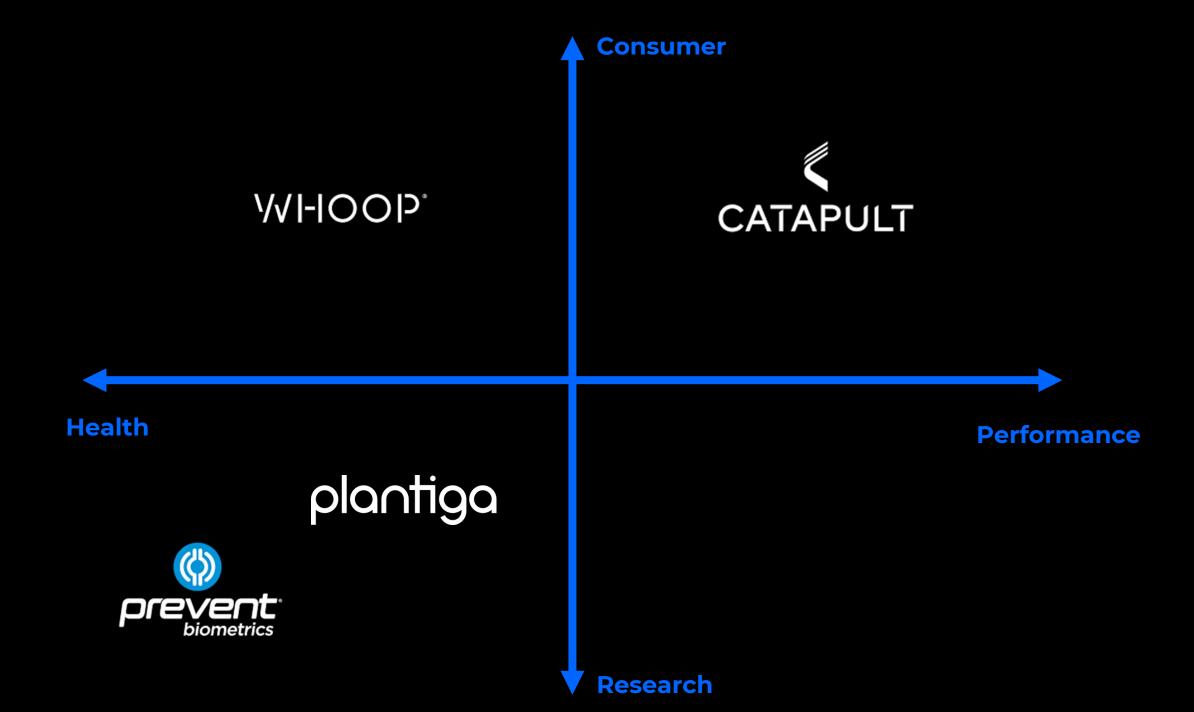
125000

#### Instrumented Mouthguard Data



### Whoop Recovery & Strain Data

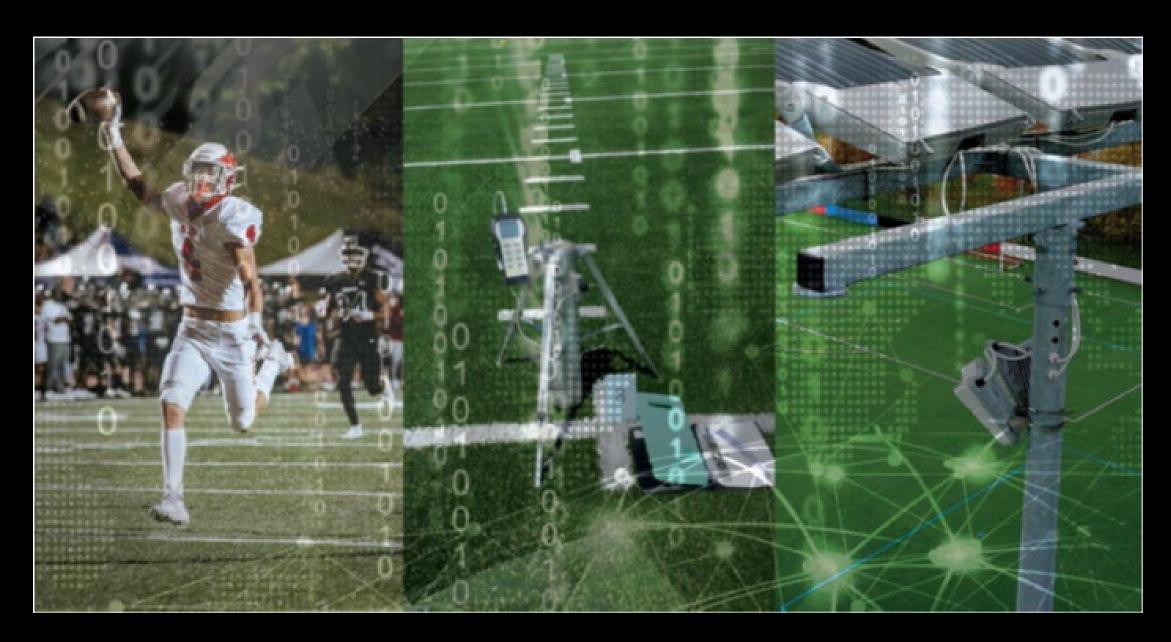






### Clegg

## Genius



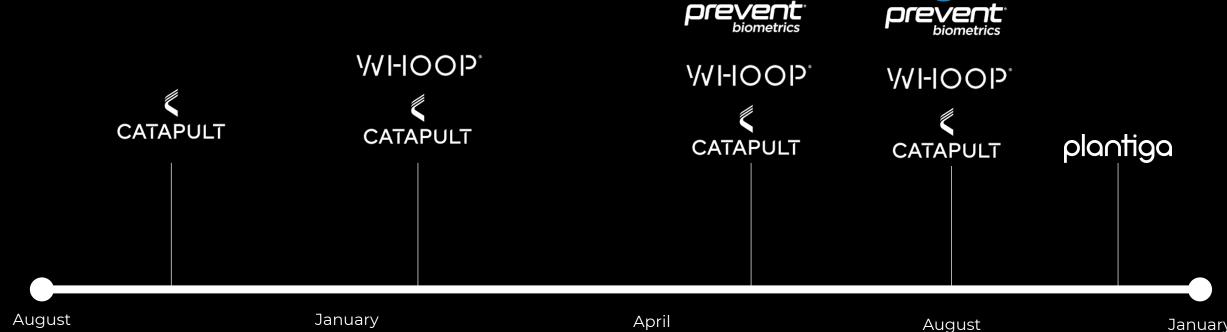
#### PILOT PROGRAM





Milton High School, Milton, GA

#### TIMELINE





2022





January 2024

2023



# CHAMPIONS!

#### Milton Eagles earn 2nd state title in upset win over Walton

By AMBER PERRY Dec 15, 2023

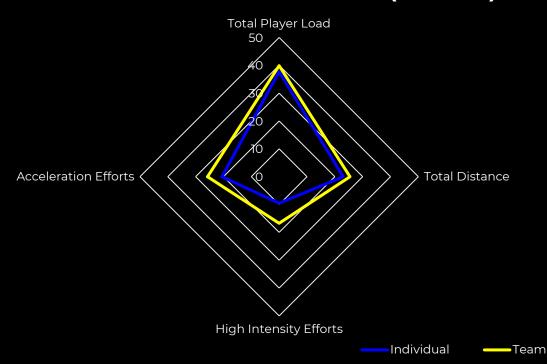


The Milton High School Eagles celebrate their win against the Walton Raiders in the Class 7A GHSA State Championship game Dec. 13 at Mercedes Benz-Stadium.

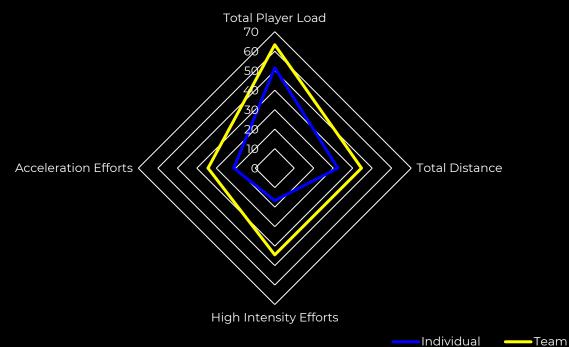
MILTON HIGH SCHOOL/PROVIDED

#### Team & Individual KPI Profiles: GPS

#### GPS KPIs: Individual vs. Team (Practice)



#### **GPS KPIs: Individual vs. Team (Games)**











INJURIES

PERFORMANCE

#### Smart Team Life Cycle



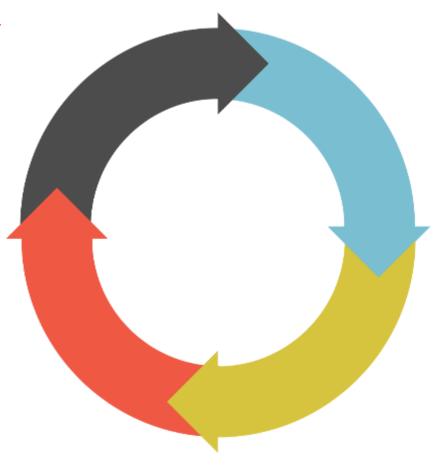


Evaluate and understand project goals and requirements.



#### Develop

Develop and deliver project tasks on time while adapting to change, and fine tuning deliverables throughout project progress.





#### Scope

Scope and plan a roadmap for initiatives to be accomplished using measured sprints.



Define tasks and align with stakeholders to efficiently manage time and resources. "Of course it's hard. It's supposed to be hard. If it was easy, everyone would do it. Hard is what makes it great."

Jimmy Dugan,A League of Their Own

